

# WHAT CAUSES GASTROENTERITIS? (Stomach Flu)



**Bacteria, parasites, toxins, or viruses can cause gastrointestinal tract irritation.**

**Viruses** - Norovirus (in adults) and Rotavirus (in children) are the most common causes of stomach flu.

Although rare, bacteria and parasites can also cause stomach flu.

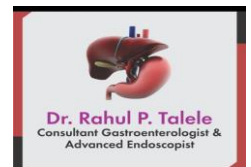
## **Other causes:**

- ✓ Heavy Metals In Drinking Water
- ✓ Eating A Lot Of Acidic Foods
- ✓ Toxins In Food
- ✓ Certain Medications

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