





# HOW DO YOU GET GASTROENTERITIS? (Stomach Flu)



-  Eating Contaminated Food or Drinking Contaminated Water
-  Being In Close Contact With A Person with Stomach Flu
-  Not Washing Hands Properly
-  Not Maintaining Proper Hygiene

## Other causes:



Children Under the  
Age Of 5



Older Adults Living in  
Unhygienic Places



People With Weakened  
Immune Systems

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**GASTROCARE**